

## Female Sports Participation - 2007 vs 2002

*Participated more than once (in millions)  
Seven (7) years of age and older*

Sport	2007 Total Female	2007 Percent Female	2002 Total Female	2002 Percent Female
Aerobic Exercising	21.5	70.8%	21.3	73.2%
Archery (Target)	1.2	18.3%	1.0	23.1%
Backpack/Wilderness Camp	5.4	41.3%	6.0	38.8%
Baseball	3.2	23.4%	4.1	26.2%
Basketball	7.5	31.0%	9.6	33.0%
Bicycle Riding	17.5	46.8%	18.9	45.7%
Billiards/Pool	11.7	39.6%	13.7	39.0%
Boating, Motor/Power	13.6	42.6%	11.6	43.6%
Bowling	21.9	50.4%	21.5	48.9%
Camping (vacation/overnite)	23.3	49.0%	26.7	48.1%
Dart Throwing	5.0	41.2%	6.9	37.1%
Exercise Walking	56.1	62.5%	51.6	62.8%
Exercising with Equipment	27.0	51.1%	27.1	54.0%
Fishing	11.4	32.3%	15.0	33.8%
Football (tackle)	1.3	13.8%	0.7	9.7%
Golf	5.1	22.6%	5.8	20.7%
Hiking	13.9	48.5%	15.2	49.6%
Hockey (ice)	0.4	18.1%	0.5	21.7%
Hunting w/Bow & Arrow	0.4	7.7%	0.4	9.6%
Hunting with Firearms	2.5	13.0%	2.6	13.4%
In-Line Roller Skating	5.8	54.3%	9.8	52.0%
Mountain Biking (off road)	2.5	33.5%	2.9	37.5%
Muzzleloading	0.3	7.8%	0.3	7.6%
Paintball Games	0.8	11.1%	1.4	20.7%
Running/Jogging	14.5	47.8%	11.4	46.0%
Scooter Riding	4.8	45.2%	5.6	41.6%
Skateboarding	2.7	26.6%	1.9	19.5%
Skiing (alpine)	2.2	39.3%	2.9	39.3%
Skiing (cross country)	0.8	47.1%	1.0	46.5%
Snowboarding	1.3	26.5%	1.3	23.0%
Soccer	5.3	38.7%	5.5	37.8%
Softball	4.8	48.4%	6.7	49.4%
Swimming	28.4	54.2%	29.2	53.4%
Target Shooting	4.7	23.1%	4.6	24.3%
Tennis	5.7	46.8%	4.8	43.5%
Volleyball	6.9	57.5%	6.2	54.5%
Water Skiing	2.2	41.0%	2.8	41.2%
Weightlifting	11.8	35.7%	9.7	34.6%

Workout at Club

18.6

55.0%

15.6

54.0%

**Percent  
Difference**

-2.4%  
-4.8%  
2.5%  
-2.8%  
-2.0%  
1.1%  
0.6%  
-1.0%  
1.5%  
0.9%  
4.1%  
-0.3%  
-2.9%  
-1.5%  
4.1%  
1.9%  
-1.1%  
-3.6%  
-1.9%  
-0.4%  
2.3%  
-4.0%  
0.2%  
-9.6%  
1.8%  
3.6%  
7.1%  
0.0%  
0.6%  
3.5%  
0.9%  
-1.0%  
0.8%  
-1.2%  
3.3%  
3.0%  
-0.2%  
1.1%

1.0%