

2007 Women's Participation

Ranked by Total Female Participation

Participated more than once (in millions)

Seven (7) years of age and older

Sport	Total Female	Percent Female
Exercise Walking	56.1	62.5%
Swimming	28.4	54.2%
Exercising with Equipment	27.0	51.1%
Camping (vacation/overnite)	23.3	49.0%
Bowling	21.9	50.4%
Aerobic Exercising	21.5	70.8%
Workout at Club	18.6	55.0%
Bicycle Riding	17.5	46.8%
Running/Jogging	14.5	47.8%
Hiking	13.9	48.5%
Boating, Motor/Power	13.6	42.6%
Weight Lifting	11.8	35.7%
Billiards/Pool	11.7	39.6%
Fishing	11.4	32.3%
Yoga	9.1	85.3%
Basketball	7.5	31.0%
Volleyball	6.9	57.5%
In-Line Roller Skating	5.8	54.3%
Tennis	5.7	46.8%
Backpack/Wilderness Camp	5.4	41.3%
Soccer	5.3	38.7%
Golf	5.1	22.6%
Dart Throwing	5.0	41.2%
Softball	4.8	48.4%
Scooter Riding	4.8	45.2%
Target Shooting	4.7	23.1%
Baseball	3.2	23.4%
Kayaking	2.9	49.3%
Skateboarding	2.7	26.6%
Hunting with Firearms	2.5	13.0%
Mountain Biking (off road)	2.5	33.5%
Skiing (alpine)	2.2	39.3%
Water Skiing	2.2	41.0%
Mountain/Rock Climbing	1.9	41.2%
Snowboarding	1.3	26.5%
Football (tackle)	1.3	13.8%
Archery (Target)	1.2	18.3%
Scuba Diving (open water)	1.0	41.3%
Paintball Games	0.8	11.1%
Skiing (cross country)	0.8	47.1%
Lacrosse	0.6	53.0%
Hunting w/Bow & Arrow	0.4	7.7%
Hockey (ice)	0.4	18.1%
Wrestling	0.3	16.5%
Muzzleloading	0.3	7.8%