

2008 Participation - Ranked by Total Participation

Participated more than once (in millions)

Seven (7) years of age and older

Sport	Percent		Sport	Percent	
	Total	Change		Total	Change
Exercise Walking	96.6	7.6%	Backpack/Wilderness Cam	13.0	-0.1%
Swimming	63.5	6.1%	Softball	12.8	3.6%
Exercising with Equipment	63.0	9.2%	Tennis	12.6	2.9%
Bowling	49.5	5.1%	Volleyball	12.2	1.0%
Camping (vacation/overnite)	49.4	3.8%	Football (tackle)	10.5	-3.7%
Bicycle Riding	44.7	11.4%	Canoeing	10.3	na
Fishing	42.2	2.7%	Mountain Biking (off road)	10.2	9.6%
Workout at Club	39.3	6.8%	Scooter Riding	10.1	-4.6%
Hiking	38.0	10.5%	Skateboarding	9.8	-3.6%
Weight Lifting	37.5	6.6%	In-Line Roller Skating	9.3	-13.1%
Aerobic Exercising	36.2	4.1%	Paintball Games	6.7	-9.9%
Running/Jogging	35.9	18.2%	Skiing (alpine)	6.5	1.9%
Billiards/Pool	31.7	7.4%	Hunting w/Bow & Arrow	6.2	7.5%
Basketball	29.7	5.7%	Snowboarding	5.9	15.6%
Boating, Motor/Power	27.8	-12.7%	Water Skiing	5.6	6.3%
Golf	25.6	2.6%	Target Shooting - Airgun	5.0	-24.8%
Target Shooting	20.3	-3.2%	Muzzleloading	3.4	-6.1%
Hunting with Firearms	18.8	-3.6%	Cheerleading	2.9	na
Yoga	16.0	17.1%	Hockey (ice)	1.9	-7.7%
Soccer	15.5	12.5%	Skiing (cross country)	1.6	-5.2%
Baseball	15.2	8.7%			

*Percent Change is from 2007