

# 2009 Participation - Ranked by Total Participation

Participated more than once (in millions)

Seven (7) years of age and older

Sport	Percent		Sport	Percent	
	Total	Change*		Total	Change*
Exercise Walking	93.4	-3.4%	Softball	11.8	-7.9%
Exercising with Equipment	57.2	4.0%	Baseball	11.5	-13.5%
Camping (vacation/overnite)	50.9	3.0%	Tennis	10.8	-14.5%
Swimming	50.2	-6.1%	Volleyball	10.7	-11.7%
Bowling	45.0	0.6%	Football (tackle)	8.9	-6.2%
Workout at Club	38.3	-2.6%	Skateboarding	8.4	-13.8%
Bicycle Riding	38.1	-1.5%	Mountain Biking (off road)	8.4	-17.8%
Weight Lifting	34.5	1.8%	Scooter Riding	8.1	-19.9%
Hiking	34.0	2.8%	In-Line Roller Skating	7.9	-15.4%
Aerobic Exercising	33.1	3.0%	Archery (target)	7.1	na
Fishing	32.9	-22.0%	Skiing (alpine)	7.0	7.3%
Running/Jogging	32.2	1.0%	Paintball Games	6.3	-6.5%
Billiards/Pool	28.2	-11.1%	Snowboarding	6.2	5.7%
Basketball	24.4	-5.0%	Hunting w/Bow & Arrow	6.2	0.2%
Boating, Motor/Power	24.0	-13.9%	Water Skiing	5.2	-7.2%
Golf	22.3	-3.9%	Target Shooting - Airgun	5.2	4.3%
Target Shooting (net)	19.8	-2.4%	Kayaking	4.9	na
Hunting with Firearms	18.8	0.3%	Gymnastics	3.9	na
Yoga	15.7	20.9%	Muzzleloading	3.8	11.6%
Soccer	13.6	0.6%	Hockey (ice)	3.1	60.0%
Table Tennis	13.3	na	Wrestling	3.0	na
Backpack/Wilderness Camp	12.3	-5.3%	Skiing (cross country)	1.7	7.4%
Dart Throwing	12.2	na			

\*Percent Change is from 2008