

# 2010 Participation - Ranked by Total Participation

Participated more than once (in millions)

Seven (7) years of age and older

Sport	Percent		Sport	Percent	
	Total	Change*		Total	Change*
Exercise Walking	95.8	2.6%	Backpack/Wilderness Camp	11.1	-9.3%
Exercising with Equipment	55.3	-3.4%	Softball	10.8	-8.4%
Swimming	51.9	3.4%	Volleyball	10.6	-1.0%
Camping (vacation/overnite)	44.7	-12.0%	Dart Throwing	10.5	-14.1
Bicycle Riding	39.8	4.3%	Football (tackle)	9.3	4.8%
Bowling	39.0	-13.3%	Skateboarding	7.7	-8.5%
Aerobic Exercising	38.5	16.3%	In-Line Roller Skating	7.5	-5.4%
Hiking	37.7	10.9%	Scooter Riding	7.4	-9.4%
Workout at Club	36.3	-5.3%	Skiing (alpine)	7.4	5.6%
Running/Jogging	35.5	10.3%	Mountain Biking (off road)	7.2	-13.5%
Fishing	33.8	2.8%	Archery (target)	6.5	-8.3%
Weight Lifting	31.5	-8.8%	Paintball Games	6.1	-2.7%
Basketball	26.9	10.1%	Snowboarding	6.1	-1.2%
Billiards/Pool	24.0	14.8%	Kayaking	5.6	14.8%
Golf	21.9	-2.0%	Target Shooting - Airgun	5.3	2.4%
Yoga	20.2	28.1%	Hunting w/Bow & Arrow	5.2	-16.7%
Boating, Motor/Power	20.0	-16.2%	Water Skiing	5.2	0.6%
Target Shooting (net)	19.8	0.3%	Gymnastics	4.8	23.5%
Hunting with Firearms	16.3	-13.5%	Hockey (ice)	3.3	7.9%
Soccer	13.5	-0.3%	Muzzleloading	3.1	-19.6%
Table Tennis	12.8	-3.7%	Wrestling	2.9	-0.9%
Baseball	12.5	8.9%	Skiing (cross country)	2.0	19.5%
Tennis	12.3	13.2%			

\*Percent Change is from 2008